



Buddy Squad

2017 – Driftwood Education Center



Class Description:

Everyone needs a buddy! During Buddy Squad, students will work together with classmates to accomplish a variety of team building activities. Throughout these challenges students should gain skills necessary to work in social settings and be able to relate these concepts to their own lives.

Driftwood Education Center
Po Box 20712 St. Simons Island, GA 31522
Phone: 912.638.3849 Fax: 912.634.0642
www.driftwoodee.org

Buddy Squad

Table of contents and outline:

I. Pre-class set-up (10 min.)

1. Set up challenge elements.
2. Have available materials needed for initiatives.
3. Have a plan of what activities may be suitable for your group.

II. Introduction, overview, and assessment (5 min.)

1. Overview of the class.
2. Expectations of students.

III. Initiatives (80 min.)

1. Choose activities to match your group level.

IV. Facilitation and Debriefing (5 min after ea. element)

1. Examples of ways to debrief with your group.

V. Conclusion and Wrap Up (5 min.)

1. Examples of conclusion activities.

VI. Clean Up

1. Put away all gear and clean activity areas.

Concepts:

Focal points of this class are:

1. Working together you can accomplish more than working alone.
2. Setting goals can help you and your team be more successful.
3. Trust, communication, listening, respect, planning, and problem solving are all important attributes to teamwork.

Outcomes:

Upon completion of this class, students will be able to:

1. Recognize and use components which make teamwork successful.
2. Realize what role they play in teamwork and problem solving.
3. Relate concepts to own life.

Georgia Standards met:

K-12 Physical Ed.

PE1: Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities.

PE2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.

PE5: Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

PE6: Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

Florida Performance Standards met:

PE.912.C.2 Identify, analyze and evaluate movement concepts, mechanical principles, safety considerations and strategies/tactics regarding movement performance in a variety of physical activities.

PE.912.R.5 Exhibit responsible personal and social behavior that respects self and others in physical activity settings.

PE.912.R.6: Value physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

National Standards met:

K-12 Physical Ed.

- **Standard 1:** The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.
- **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.
- **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others.
- **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.