



Buddy Squad

Driftwood Education Center



Class Description:

Everyone needs a buddy! During Buddy Squad students will work together with classmates to accomplish a variety of team building activities. Throughout these challenges students should gain skills necessary to work in social settings and be able to relate these concepts in their own lives. This class can be done in our traditional 1.5 hour class or an extended 3 hour segment.

Appropriate for all grade levels

**We can tailor for High School Students, but strongly suggest
HIGH ROPES COURSE for older students.**

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Table of contents and outline:

I. Introduction, overview, and assessment (20 min.)

1. Introduction game
2. Overview of the class.
3. Expectations of students during the activities.

II. Initiatives (60 min.)

1. Activities will be chosen that match your group level. These activities will be challenging elements that match student abilities. This is at the instructor's discretion.

IV. Conclusions and Wrap-up (10 min.)

1. Debrief with your group.

Florida Performance Standards met

5th- 8th Grade: PE.B.2.2

The student demonstrates responsible personal and social behavior in physical activity.

Concepts:

Focal points of this class are:

1. Working together you can accomplish more than working alone.
2. Setting goals can help you and your team be more successful.
3. Trust, communication, listening, respect, planning, and problem solving are all important attributes to teamwork.

Outcomes:

Upon completion of this class, students will be able to:

1. Recognize and use the 6 components which make teamwork successful.
2. Realize what role they play in teamwork and problem solving.
3. Relate concepts to own life.

Georgia Quality Core Curriculum Physical Ed. Standards met or exceeded.

5th Grade:

1. **Topic 6:** Demonstrates mature performance of all basic skills: locomotor skills, nonlocomotor skills, manipulatives, transfer of weight, spatial awareness and relationships.
2. **Topic 10:** Demonstrates responsible personal and social behavior in physical activity settings.

6th Grade:

1. **Topic 8:** Identifies basic skills and safety procedures for outdoor pursuits.
2. **Topic 12:** Identifies the purpose for and participates in the establishment of safe practices, procedures, and etiquette for a variety of activities.

7th Grade:

1. **Topic 10:** Chooses appropriate behavior to work productively with partner and in a group to accomplish goals in both cooperative and competitive activities.

8th Grade:

- Topic 10:** Demonstrates responsibility and cooperation to accomplish group and team goals in both cooperative and competitive activities